

Amy FULLER KEARNEY

- Head Coach
- 6th Season
- UC Santa Barbara '90



Entering her sixth season at the helm of the UCLA women's rowing program, Amy Fuller Kearney has established the Bruins as a perennial national contender. UCLA has sent a varsity eight crew to the NCAA Championships each of the last two seasons, after having made the transition from a club team to a varsity squad in 2001-2002.

Under the guidance of Fuller Kearney last spring, UCLA's varsity eight crew raced to a 12th-place finish at the NCAA Championships in West Windsor, N.J. In the spring of 2005, the Bruins sent an at-large eight crew to the NCAA Championships, where UCLA finished 16th overall. This season, Fuller Kearney looks to lead the Bruins to a third-consecutive appearance in the NCAA Championships.



Last season, Fuller Kearney and the Bruins earned first-place dual-meet finishes against Loyola Marymount, UC Irvine and Minnesota before posting a sixth-place finish at Pac-10 Championships in May. In the San Diego Crew Classic, UCLA advanced to the Grand Final in all three events and finished fifth in the varsity eight race. The Bruins finished first in all four events at the Miller Cup, and later capped their season with a strong performance at the NCAA Championships.

In 2005, the Bruin women reached the Grand Final in every event at the Pac-10 Championships. The varsity eight raced to a top 16 ranking and an at-large invite to the NCAA Championships for the first time in program history. The second varsity eight also made history by bringing home a silver medal from the Pac-10 Championships, a first for UCLA since rowing was elevated to NCAA varsity status.

Named UCLA rowing's head coach on July 2, 2001 – the sport's inaugural NCAA season – Fuller Kearney came to Westwood after having served one year as assistant coach for the Stanford women's crew program (2000-01). At Stanford, she guided the Cardinal to their first top-20 national ranking in the program's NCAA history.

Prior to serving as assistant coach at Stanford, Fuller Kearney was an assistant coach at San Diego State for two years (1998-2000). She worked with the Aztecs while training for the 2000 Olympics with the U.S. National Team. Fuller Kearney has also spent time working as an assistant coach at the University of Tennessee, Chattanooga (1996-98) and for the U.S. National Team (1997).

From 1993-96, Fuller Kearney served as a motivational speaker for Champion International, a U.S. Rowing sponsor. Fuller Kearney began her coaching career at UC Santa Barbara, her alma mater. From 1990-91, she led the women's novice program. Two years later, from 1992-93, she was the head coach of the women's team.

An accomplished athlete, Fuller Kearney is a three-time Olympian and former World Record holder. Her competitiveness has given her an assortment of national and international experience. In 1993, she earned U.S. Rowing Female Athlete of the Year honors. Two years later, Fuller Kearney was a finalist for the Sullivan Award, presented annually to the nation's top amateur athlete. She spent the fall and winter of 1995 competing with the America's Cup Syndicate, America 3. She was a member of the first ever all-women's team to challenge for the America's Cup.

As a starboard aft grinder, Fuller Kearney used her strength and endurance to earn a starting spot among the world's top female sailors. In the spring and summer, Fuller Kearney again turned her focus to rowing and helped the women's eight to a World Championship in Tampere, Finland.

Fuller Kearney earned trips to the Olympics in 1992, 1996, and 2000. In 1992, she brought home a silver medal in the Women's 4-. In 1996 and 2000, she placed in the top 6 in the Women's 8+.

The Fuller Kearney File

Coaching Highlights

- Enters her sixth season as head coach of UCLA's women's rowing team
- Has led UCLA to consecutive NCAA Championships appearances (2005, 2006)
- Coached two All-Americans at UCLA (Kristin Bixel and Vanessa Teff)
- Revitalized the UCLA women's rowing program, having made the transition from a club team to NCAA competitor in 2001
- Named head coach at UCLA on July 2, 2001
- Served as assistant coach at Stanford from 2000-01, helping the program earn its first-ever top-20 national ranking in the NCAA
- Former assistant coach at San Diego State (1998-2000) and Tennessee-Chattanooga (1996-98)

Player Highlights

- Three-time Olympian; earned a silver medal in 1992
- Became the World Record holder on the rowing ergometer in 2000 and 2001
- Competed on the U.S. National Team for 11 years (1989, 1991-2000)
- Won one gold medal and six silver medals in eight World Championships (1989, 1991, 1993-95, 1997-99)
- 1995 Sullivan Award Finalist
- 1993 U.S. Rowing Female Athlete of the Year
- Inducted into UC Santa Barbara Hall of Fame

Aside from her decorated Olympic career, Fuller Kearney has also competed in eight World Championships, earning one gold medal and six silver medals (1989, 1991, 1993-94, 1997-98 and 1999). An extension of Fuller Kearney's international experience includes the Goodwill Games, the Lucerne International Regatta, and the Henley Royal Regatta. At the 1994 Goodwill Games, her Women's 8+ team captured the bronze. Competing at the Lucerne International Regatta (1991, 1994-96 and 1998), she brought home five medals – three gold, one silver, and one bronze. At the 1998 Henley Royal Regatta, Fuller Kearney added another gold medal.

Fuller Kearney continued her rowing success at the C.R.A.S.H. B Sprints. She was the 2000 and 2001 World Record holder on the rowing ergometer and placed first for open women. On the national level, Fuller Kearney rowed for the U.S. National Team for 11 years (1989, 1991-2000). During this era, she recorded 12 gold medals, two silver and one bronze.

As a sophomore at UC Santa Barbara, Fuller Kearney discovered a passion for rowing. She later earned one gold medal and one bronze medal on the

collegiate national level. In 1990, she was honored with the school's Associated Students Athlete of the Year Award. In 2006, Fuller Kearney was an inaugural inductee into the UC Santa Barbara Recreational Sports Hall of Fame.

A Westlake Village, Calif., native who prepped at Westlake High School, Fuller Kearney graduated from UC Santa Barbara in 1990 with a bachelor's degree in biology. She earned her masters degree in education from University of Tennessee, Chattanooga in 1998.

Fuller Kearney has also been certified by the American College of Sports Medicine as a Health Fitness Instructor and is a U.S. Rowing certified coach. She resides in Newhall, Calif., with her husband, Joe, and daughter, Shannon.

Bill ZACK

- Assistant Coach
- 5th Season
- U.S. Coast Guard Academy '80



Bill Zack enters his fifth season as an assistant coach for the UCLA women's rowing team. Zack's primary responsibilities include developing the freshmen crews and varsity four. He also serves as the program's recruiting coordinator, which includes being in charge of talent identification and communication with recruits.

Last season, Zack helped guide UCLA to its second-consecutive appearance in the NCAA Championships, where the Bruins earned a 12th-place finish. Working with the novice eight and varsity four crew, Zack and the Bruins saw tremendous success in 2006. The novice eight posted dual meet victories against Loyola Marymount and UC Irvine before winning the Miller Cup. The varsity four posted wins against Long Beach Masters and Clemson (at the Stanford Invitational).

Zack works to develop the freshman/novice rowers, with the goal of having the individuals contribute at the varsity level during their collegiate career. In 2006, six freshmen became steady contributors to the Bruins' varsity boats.

In 2005, the Bruins witnessed one freshman compete in the varsity eight, saw two sit in the second varsity eight, and watched three race in the varsity four at Pac-10 Championships. Zack proved instrumental in leading the varsity four to a fourth-place finish at the Pac-10 Championships, the highest finish in that event since UCLA began rowing in the NCAA era.

Zack brings a multitude of coaching experience to UCLA. He served six years as the women's head coach at Sacramento State (1996-2002), one year as men's head coach at Old Dominion (1995-96), one year as the elite lightweight women's coach at the Long Beach Rowing Association (1994-95), three years as the women's head coach at Long Beach State (1991-94) and six years coaching at the U.S. Coast Guard Academy (1986-91). Zack's student-athletes have received numerous athletic and academic accolades. Many have also progressed to the national and international level, as some have achieved national and world-championship status.

Zack has been very involved with USRowing throughout his coaching career, taking advantage of many international opportunities. Moving up from the U.S. Olympic Festival team manager in 1989, he was the assistant leader for the 1996 Olympic team and has also served as a team leader for the Pan American Games, World Rowing Championships and the Junior World

The Zack File

Coaching Highlights

- Fifth season as an assistant coach of UCLA's women's rowing team
- Helped guide UCLA to a 12th-place finish at the NCAA Championships in 2006
- Coached the V4 to a fourth-place finish at Pac-10 Championships in 2005
- Served six years as women's head coach at Sacramento State (1996-2002)
- Gained WIRA Coach of the Year accolades in 2000 and 2001 at Sacramento St.

Other Rowing Highlights

- Rowed for the U.S. Coast Guard Academy and graduated in 1980
- Has served as vice-president of the CRCA since 1998
- Played an instrumental role in bringing the NCAA regatta to Lake Natoma

Rowing Championships. He coached the women's lightweight quad to a sixth-place finish at the 1997 World Rowing Championships.

Zack has also coached at the USRowing Women's Junior National Team Development Camp (2000-03). In 2003, he served as the primary coach for the eight that won the CanAmMex competition in Monterrey, Mexico, and the eight that won the USRowing National Championship in the junior eight event. In 2004, Zack was a guest coach at the Women's Junior National Team Selection Camp.

At Sacramento State, Zack instituted many changes to the program, including the implementation of a strength and conditioning program, increased scholarships, and improvement in the fleet of rowing equipment. He led the Hornets to a bronze medal in the varsity four at the 1997 NCAA Championships, two consecutive Western Intercollegiate Rowing Association (WIRA) titles (2000-01), and a first-place finish in the College Eights event at the Henley Women's Regatta.

Zack compiled a 36-10 dual-meet record and gained 2000 and 2001 WIRA Coach of the Year accolades. He was instrumental in bringing the NCAA regatta to Lake Natoma. Zack also served as marketing and promotions director, and as the school's resident expert in regatta management when Sacramento State hosted the NCAA Women's Rowing Championships in 1997 and 1999.

Aside from his experience as a coach, Zack has also served his sport as an administrator. He was re-elected in 2002 to the Collegiate Rowing Coaches Association's (CRCA) Board of Directors and has served as vice president since 1998. Zack, the WIRA president in 2001-02, first sat on the CRCA Board of Directors from 1993 to 1995 and was a member of the advisory committee for the NCAA Women's Rowing Championships. Zack has been the play-by-play announcer for nine NCAA Championships.

Zack rowed on the collegiate level for the U.S. Coast Guard Academy, where he graduated in 1980. In 1986, he earned his master's degree in business administration from the Yale School of Management. He retired from the Coast Guard in 1996 with the rank of Lieutenant Commander.

Dawn REGAN

- Assistant Coach
- 2nd Season
- UCLA '04



Dawn Regan enters her second season as an assistant coach for the UCLA women's rowing team. Regan graduated from UCLA in 2004 and spent the 2004-05 season as an assistant coach for the University of Pennsylvania women's rowing team.

Regan's primary responsibilities include identification, development and coaching of all walk-on athletes. She is also the coach in charge of recruiting non-rowing athletes for the program. Off the water duties include the management and maintenance of equipment and gear.

Last season, Regan helped guide the novice eight to wins in the Miller Cup and versus Loyola Marymount as well as a sixth-place finish in the San Diego Crew Classic's novice eight Grand Final.

A former Bruin student-athlete, Regan brings a firsthand understanding of the program and the dedication it takes to succeed at UCLA. She is valuable in sharing this knowledge and her experience with current team members on all squads.

A walk-on rower at UCLA, Regan was a three-year letterwinner for the Bruins under head coach Amy Fuller Kearney. She rowed in the top novice eight her first season and proved instrumental in leading the Bruins to their first Pac-10 Grand Final in more than 10 years. Regan's enthusiasm and passion for the sport earned her the Most Inspirational Athlete award at the conclusion of her first season.

Regan helped UCLA return to its top spot as a West Coast power. Her development as an athlete continued during the summer of 2002 (prior to her junior year) when she attended a U.S. National Team Development Camp in Philadelphia, where she rowed with the top collegiate athletes from around the nation at the prestigious Vesper Boat Club. Regan ended the summer with two gold medals from the Royal Canadian Henley Regatta and a silver and bronze medal from the club nationals.

Regan's career goals have always focused on coaching at the Division I collegiate level. She graduated from the school of Letters and Science at UCLA with a degree in psychology and a minor in women's studies. As an assistant coach at Pennsylvania, Regan served as the novice coach and led the Penn women to a fourth-place finish at the Eastern Sprints.

Regan hails from San Clemente, Calif., where her family still resides. She now lives in Culver City, Calif. Aside from rowing, she enjoys cycling, gourmet cooking and traveling.

Liz PALLAS-JACOBS

- Volunteer Assistant Coach
- 1st Season
- UCLA '06



Liz Pallas-Jacobs begins her first season as a volunteer assistant coach for the UCLA women's rowing team after having finished her collegiate rowing career in the spring of 2006. A four-year letterwinner at UCLA (2003-2006), Pallas-Jacobs was one of the most decorated and successful rowers in school history.

As a senior rower last spring, Pallas-Jacobs helped lead the varsity eight to a 12th-place finish at the NCAA Championships. A two-year co-captain, she guided the Bruins to varsity-eight victories against Loyola Marymount, UC Irvine and Minnesota in 2006. Pallas-Jacobs also helped

UCLA capture the Miller Cup and led the Bruins to first-place finishes at the Stanford Invitational.

In 2005, her first season as a team co-captain, Pallas-Jacobs stroked the varsity eight in the spring and led the squad to wins against Loyola Marymount, UC Irvine, Clemson, Texas and Southern Methodist. She guided UCLA to victory at the Miller Cup and to a fourth-place finish in the Jessop-Whittier Cup at the San Diego Crew Classic. She was a part of UCLA's first varsity eight to compete at the NCAA Championships and was later named to the CRCA West Region second team and to the Pac-10 All-Academic second team.

As a sophomore in 2004, Pallas Jacobs rowed in the seven seat for the varsity eight throughout the entire spring season. She helped guide the varsity eight to dual-meet victories against UC Irvine, Loyola Marymount and Minnesota. Pallas-Jacobs also was instrumental in helping the Bruins capture the Miller Cup.

One of UCLA's first-ever recruits in women's rowing, Pallas-Jacobs earned a spot on the varsity boat as a freshman in 2003. She stroked the varsity eight to victories at the Berg Cup and the Miller Cup. Pallas-Jacobs rowed the three seat in UCLA's win in the women's varsity eight petite final at the Pac-10 Championships.

Pallas-Jacobs hails from San Diego, Calif., and graduated from University City High School in 2002.